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## My Profile

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- Senior Consultant with extensive experience in strategic and operational HR Management, People and Organizational Development, Management Development, individual Coaching and Outplacement.
  - Profound educational background: University degree in natural sciences (MSc), MAS in Human Resources Management, certified Coach & Supervisor, Practitioner in Transactional Analysis (DSGTA).
  - Proven experience in developing and delivering trainings and workshops: Management and Leadership Development programs for leaders, Team Development, strategy workshops, Development Centers, HR process trainings.
  - Longstanding leadership experience as teamhead and deputy of the department head in various organizations.
  - Broad working experience in swiss and international companies from various industries: finance, medical devices, consulting, non-profit, public/University.
  - Experienced in communicating and working at Executive level; used to working in complex global matrix organizations, skilled in working on strategic, conceptual and hands-on operational level.
  - Fluent in German and English (in addition good level of french and italian).
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## Professional experience

- bisculm integration GmbH, Schlieren  
Since 2015 self-employed Consultant, Trainer, Coach, Assessor and Lecturer for HR Management, Leadership, Selfmanagement, People- and Organizational Development.
- Nobel Biocare AG, Zurich  
2.5 years Global HR Business Partner
- PostFinance, Berne  
2 years Head HR Consultancy, HR Business Partner and Member of the extended Executive Committee  
Responsible for HR Business Partnering, Case Management and HR Process Management for PostFinance
- UBS AG, Wealth Management & Swiss Bank (WM&SB), Zurich  
9 years Leadership Expert, Consultant, Trainer, Outplacement Coach, Head of Leadership Programs and deputy of the department head at Executive Director rank
- Swiss Federal Institute of Technology ETH, Zurich  
4 years Project Manager ETH tools, responsible for start-up courses "Lust auf eine eigene Firma!"
- 1 year Junior Consultant at a Business Consulting company in Eastern Switzerland

## Educational background

- University degree in Natural Sciences, MSc University of Zurich (1995)
- Certified Coach & Supervisor ias, Insitute for applied Social Sciences Bad Ragaz (2007)
- MAS in HR Management, University of applied sciences and arts Northwestern Switzerland FHNW, School for Business, Olten (2010)
- Practitioner in Transactional Analyst DSGTA, 3-year education at ASTA institute St. Gallen (2017)
- Further education in process- and project management, intercultural communication, e-learning, facilitation of group processes, team development, organizational development, health management, change management, negotiation skills at ETH Zurich, ComTeam academy (D) und MCV Management Center Vorarlberg (A) and others
- Various certifications (career mosaic, Leadership Practice Inventory 360° Feedback Coach, Change Immunity)

## Personal information

- born Juli 21, 1969 in Chur (CH)
- married, 2 stepsons (born 1990 & 1993)
- I like arts, culture, jazz singing, natural yodelling, hiking, trekking, fitness
- my personal vision is a work-life-integration that allows me to be professionally active with enthusiasm, joy and energy until at least the age of 70

